

# ItchenValleyNews

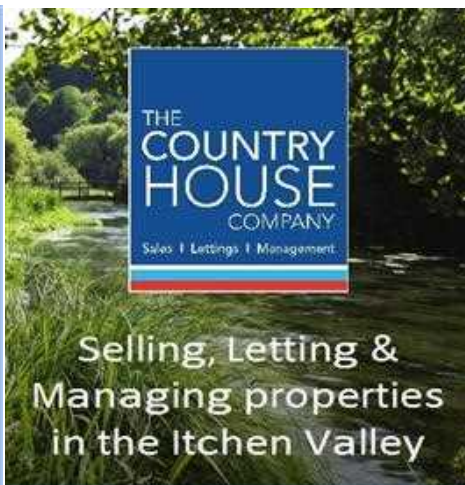
Abbots Worthy, Avington, Easton,  
Itchen Abbas and Martyr Worthy

Issue 129 | November 2024



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# WELCOME to the Itchen Valley News



This month's magazine starts with an apology about misleading our readers, particularly from

Easton and Avington, over Bingate in the October issue. We try to be authoritative – we trust the correct bin dates are on page 39 this month. There's a lovely Valley Volunteer article on page 30, conveying the joy and satisfaction that giving time (and in this case blood!) can bring. I think volunteering gives the volunteer as much benefit as those they are helping, and as Jackie says you don't need to wait until you retire! In fact this magazine is full of stories and events that only happen because people have given their time and effort. The IVN is a good place to be inspired.

Perhaps the review of *You Are Here* on page 33 will inspire the book readers amongst you. If you enjoy hearing authors talk about their work, may I recommend keeping an eye on the events at Books at the Barn in Hatherden. We braved an endless succession of Andover's roundabouts (in the rain) to be rewarded by hearing Daniel Finkelstein talking about his moving memoir *Hitler, Stalin, Mum and Dad* on his parents' path to safety in England.

This autumn rain is a nuisance for most of us, whether giving the lawn a final cut or finding a less muddy path to walk the dog. Spare a thought for the farmers struggling to get machinery onto fields too wet to work and worrying about the implications for next season. Weather patterns seem to

have fundamentally changed. There is an excellent review on page 11 of the film 'Six Inches of Soil' looking at some of the thinking about new ways of addressing the agricultural challenges.

Thank you to everyone who has contributed articles this month on such a wide variety of subjects.

Finally, a warning about the closure of Worthy Road for gas works reached the IVN at the last moment, see page 39 for details.

Next month's editor is Catherine Hahn.

*Verity Coleman*

## Itchen Valley News

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Copy date for articles and one off advertisements for the **December 2024 / January 2025 issue is Thursday 15 November**

All material is published in good faith and the Itchen Valley News cannot be held responsible for any information given or views expressed; neither can it be liable for any loss arising from the use of any information or advertisements contained herein. The Editorial Team reserves the right to refuse or amend articles or advertisements submitted for publication.

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Cover photo by Michael Smith and other photos from various contributors.

# What's On

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**Bonfire Night and Fireworks**  
**Saturday 2 November**  
at Easton Village Hall and Cricket Ground



Come and enjoy hot dogs, chocolate brownies and drinks at the bar. Entry by donation, minimum £5 per person by cash or card please. Everyone welcome; please spread the word!  
*Barney Gloyn*

**Ride to Remembrance**  
**Friday 8 November - Monday 11 November**

Join us at The Cricketers Inn for our 72-hour charity cycling challenge in support of the Royal British Legion's Poppy Appeal. We'll be cycling non-stop on a static



bike, aiming to keep the wheels turning from 11am on Friday 8 November until 11am on Armistice Day. Riders can book 30-minute slots for a £10 donation, with all proceeds going to the Poppy Appeal. Whether you're riding or cheering on participants, come along and support a great cause in our community!

[thecricketerseaston.co.uk/ride-to-remembrance](http://thecricketerseaston.co.uk/ride-to-remembrance)  
[remembranceride@thecricketerseaston.co.uk](mailto:remembranceride@thecricketerseaston.co.uk)

01962 791044 / 07488868555

**Songs of Farewell by Kingsgate Voices**

**Saturday 9 November at 7pm**

Tickets £15 from:  
[jan.brook@brookfamily.org](mailto:jan.brook@brookfamily.org) or 01962 714030 [www.ticketsource.co.uk/kingsgate-voices](http://www.ticketsource.co.uk/kingsgate-voices)

**Remembrance Sunday Parade**  
**Sunday 10 November**

10.45am St John the Baptist Church, Itchen Abbas

**Upper Itchen Valley Society AGM**  
**Friday 15 November**

7 for 7.30pm in Martyr Worthy Village Hall

Speaker Alan Lovell, Chairman of the Environment Agency

All members of the Society are welcome. Life membership for Valley residents is £20 a household via [upperitchenvalleysoc@gmail.com](mailto:upperitchenvalleysoc@gmail.com)

*Elaine Labram*

**Quiz Night in aid of Home-Start Winchester**

**Friday 15 November**

at 7.30pm Itchen Abbas & Avington Village Hall.

Bring a team of eight or join a team on the night (pre-booking essential).

**FUNDRAISING**  
*Concert*

by Gospel Choir Collective, Alresford  
In aid of St Mary's Fabric Fund  
for ongoing repairs to the Church

St Mary's Church, Easton  
Saturday 9 November, starting at 6.30pm  
with the concert at 7.30pm

Tickets £15 to include a glass of wine and canapés. Additional donation most welcome

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Sue Gentry  
01962 773185/07802 354444

**Alresford Art Society:**  
**Thursday 28 November 2024**  
starting at 7.30pm  
Bishop's Sutton Hall, SO24 0AH  
Harriet Riddell will be talking about her Travels with a Sewing Machine as well as stitching a portrait of a member of the audience. Non-members welcome, admission £5.  
For further information: 01962 732043 or visit [www.artsociety.alresford.org](http://www.artsociety.alresford.org).  
Jen Boardman

### **Itchen Valley Choir Winter Concert**

**Wednesday 4 December**  
at 7.45pm

Itchen Abbas & Avington Village Hall  
In support of the RNLI in its 200th year, with a maritime theme, including 'Captain Noah and His Floating Zoo'  
£10.00 payable at the door  
[jacqui.squire@btinternet.com](mailto:jacqui.squire@btinternet.com)

### **Easton Pantomime - Jack and the Beanstalk**

**Wednesday 11 to Saturday 14 December**

See flyer on page 9

### **A Ceremony of Carols** **Saturday 14 December**

Doors open at 6.45 for 7.30pm  
at St John's Church, Alresford.  
Alresford Community Choir  
(go to P.10)

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### Launch of the latest in Skin Tightening Technology

Have you ever wondered how to enhance the look and radiance of your skin?

This question was at the heart of the official launch event for NeoGen Plasma Skin Regeneration, held at The Secret Garden' Skin Clinic in Winchester. Clinic Director Sharron explained that as we age, our skin undergoes several changes. These include a reduction in bone volume, the shrinking of facial fat pads, a loss of elasticity and volume, slower cell turnover, and decreased oil production and hydration - factors that are often worsened by menopause. She emphasised that many options are available to maintain healthy skin and facial structure, helping you look and feel your best as the years go by.

NeoGen Plasma Skin Regeneration is part of the advanced skin technology portfolio offered at The Secret Garden, and like all their equipment, it is rigorously researched and tested. NeoGen uses nitrogen plasma to rejuvenate the skin, improving its health and appearance, including lifting and tightening the eyelids and under-eye areas. Unlike traditional plasma treatments, it employs ultra-high radio frequency to ionize medical-grade nitrogen gas, creating plasma that delivers controlled thermal energy beneath the skin's surface. This stimulates collagen production and skin regeneration while preserving the skin's surface, which acts as a natural barrier during healing, ensuring minimal downtime.

The Secret Garden is a medically regulated skin and weight management clinic, dedicated to helping clients achieve glowing skin and a healthy, confident body through personalised skin and weight management program. The clinic is regulated by the General Pharmaceutical Council, Save Face Registered, featured in the Tweakments Guide, a partner of the National Weight Loss Program, and a member of the Acne and Rosacea Society.

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Easton Players  
PRESENT



# Jack and the Beanstalk

A Family Pantomime

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Saturday 14th December 2pm & 6pm

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Sally Stone 779283

(contd. from p.5)

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Sue Gentry

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## Save the Date

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### Saturday 14 June 2025

A social event in the grounds of Avington House. This will be open to all residents of the Valley, and be along the lines of the afternoon celebrating the Queen's Jubilee.

More details to follow.

### Sunday 21 September 2025

Easton Car Boot Sale

## Easton Car Boot Sale 2024

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### Sunday 22 September

Despite the foreboding weather forecast, having started to plan the inaugural Easton Car Boot Sale in early March of this year, we decided to go ahead with the day, and are very pleased that we did as we raised £1,400 profit, shared between Easton Village Hall and Easton & Martyr Worthy Cricket Club.

There were not as many "sellers" as we would have liked, but no doubt the

weather forecast put some, if not many, off, but there were plenty of "buyers" and there is no doubt that the bar and BBQ (run by the Cricket Club), teas and cakes, and Jill Croft's Jam and Chutney Stall in the main hall were a great success. The availability of shelter when needed - and loos - were all significant assets.

Many thanks to those who gave their time to make the sale happen, and to all of those who came. We all agreed that it had been a lot of fun to organise and run and have already thought of ways that it could be improved, such that we can make this an annual community event in September after the cricket season has finished – see Save the Date.

*Harry Smith (Easton Village Hall and Recreation Ground)*

*Adrian Lee (Easton and Martyr Worthy Cricket Club)*

## Easton WI

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In October we learnt a great deal about bees from artisan beekeepers, Rachel and David Annette who look after 200 hives around Hampshire, Surrey and Sussex. They manage their bees in a very ethical way, working with farmers to pollinate crops and producing natural honey, totally unprocessed. One third of our global food supply is pollinated by bees – they are vital to the survival of agriculture.

There are over 20,000 species of bees, but only the honey bee produces honey from the pollen they collect and take back to their hive to store enough food for

winter.

Bees live in highly structured colonies with thousands of 'worker bees' and only one Queen Bee who starts to lay her eggs in Spring. She lives for 3-4 years while the female Worker bees live for only 4-5 weeks. Male Drones defend the hive from predators and have an even shorter lifespan.

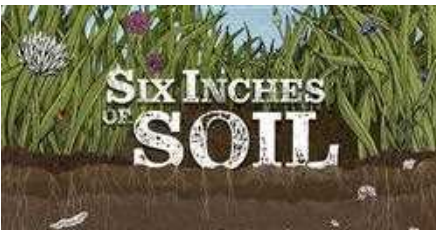
The Varoa virus can obliterate a colony and the Asian Hornet is now a big threat to bee survival. It is 25-30 mm in length with yellow legs and an orange fourth section to its abdomen. It is important to report a sighting to [www.bit.ly/asianhornetreport](http://www.bit.ly/asianhornetreport).

We were encouraged to leave wild areas in our gardens, and to buy insecticides that are pollinator friendly. It is up to us to provide the necessary environment to support these tiny, vitally important creatures.

Sallie Peake  
Easton WI

## Six Inches of Soil

On Friday 27 September Robert Stent of Park Farm hosted a sold-out viewing of the film 'Six Inches of Soil' at his wonderful venue The Barn at Avington. The film tells the fascinating and moving stories of a diverse group of young British farmers making a stand against the industrial food system by

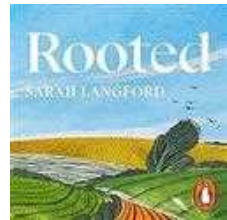


transforming the way they produce food. The core of their philosophy is to restore soil health and thereby promote the physical and spiritual health of the natural environment, consumers and local communities, all in the face of climate change, intense economic pressures and the encroachment of industrial agriculture.

The documentary shines a spotlight on their unwavering commitment to their craft, showcasing the intricate relationship between their livelihoods, their mental and emotional condition and the soil they tend. It skilfully captures how a new generation of farmers support each other, share resources, and create a tight-knit network that fosters resilience. In a world that feels increasingly disconnected, this sense of camaraderie is a breath of fresh air. Later, Robert himself described the South Downs network of farmers of which he is a key member.

The film was followed by a fascinating discussion led by Robert with fellow panellists Sarah Langford, best-selling author of *Rooted*:

*Stories of Life Land and a Farming Revolution* and Kim Wilkie, the world famous conceptual landscape consultant and author of *Led by the Land*. Time and again, the panellists touched



on the baleful consequences of top-down government (mis)management of UK agriculture and their struggle to compete with supermarkets and the industrial food complex as a whole, with emphasis on low cost (and often low quality) produce. However, of particular interest was the divergence of views amongst the panellists, highlighting the contrasting approaches and beliefs comprising the ever-developing field of regenerative farming. Audience members then asked a number of searching questions.

Delicious street food was kindly provided by Munch and excellent drinks were served by Clink & Drink Mobile Bars.

The intimate setting of The Barn at Avington, coupled with the film's exploration of modern farming life and philosophies, made for an engaging experience that resonated deeply with everyone present. I left with a renewed appreciation for our local farmers and the stories that bind us together as a community.

*Morgan Krone*

## Summer on the Itchen

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Thanks to the above average flows in the river this summer there was an abundance of aquatic weed growth and in particular plenty of ranunculus, also known as water crowfoot. This is the weed that river keepers go to bed dreaming about because not only does it provide protection for the trout, but it also hosts the greatest number of invertebrate creatures that the fish feed on. It's streamlined character not only allows water to readily flow through it, preventing any silt from accumulating underneath it, but also



discourages algae in the form of blanket weed, which now grows readily in rivers that suffer from elevated levels of phosphates and nitrates, from smothering it.

The photo, taken shortly after the June weedcut, illustrates the chequer board pattern of weed cutting that can be achieved in years of good ranunculus growth that creates the ideal habitat for wild brown trout.

*Simon Ffennell*

## Easton and Martyr Worthy Cricket Club

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EMWCC has enjoyed a successful and busy summer season despite some inclement weather resulting in the cancellation of several matches across all the teams.

All three men's teams achieved wins on the final Saturday of the League's summer season. Two of our bowlers were acknowledged on the Hampshire Cricket Board's Honours Board. Peter Burnand with 6 – 27 and Fred Trinder with 5 – 17. The 1<sup>st</sup> XI ended second in their League and both the 2<sup>nd</sup> and 3<sup>rd</sup> XIs were mid table.

If you are a fan of cricket, there is no bigger club than the Marylebone

Cricket Club, or the MCC as it is more widely known. On Sunday 1 September EMWCC played host to the mighty MCC at Easton, quite the honour and the first time in our 78 year history.



whole day, and the king of the BBQ posh hotdog, Stuart Upcraft. It was a wonderful day in a perfect setting and the MCC players expressed a desire to

The players of the MCC were drawn from a wide number of clubs, as far afield as Wimbledon and Bournemouth, with local Richard Arscott captaining them, whilst the might of the EMWCC was led by our very own Nick Boulton. Amongst the MCC, local lad Joe Lewis looked comfortable in their number. The MCC chose to bat first and did their best to assert their dominance, but our bowlers hadn't read the script. Peter Burnand and Jaco McCowen bowled beautifully, and smart fielding by Monty Randall broke the MCC's opening partnership with a run out. All credit to our players containing the MCC to 245 – 6 from 48 overs before they declared.

In response EMWCC struggled to get going with the bat in the face of very accurate bowling, with wickets falling all too often. The anchor role was played by Nick Boulton, who was joined by both his sons Ollie and Sam but sadly they were not able to build a telling partnership and despite the tail wagging we succumbed to 136 all out.

Games of this type have another vital component, the lunch and the tea. The catering for the day was a collaborative event for which we are very grateful, but the starring roles went to George Burnand, who had also assisted with masterminding the organisation of the

repeat the experience, so hopefully we might be able to turn this into an annual event.

Although the weather wasn't great on Saturday 7 September, 22 players including a number of Juniors and our groundsman, Lee Padwick, turned out for the annual interclub Badger Memorial Game. The 'Badgers' won the game by 20 runs. After the game there was a BBQ and the end of season players' Club Awards were presented by Club Captains Mark Dickety and Seb Stannard.

Club Chairman, Adrian Lee presented 17 year old Ollie Boulton with the Club's quartered cap in recognition of the two centuries he has scored for the Club this season playing for the XI and XXII. It is gratifying for the many committed and hard-working coaches and managers within the



Juniors' section that the Club fielded seven or eight juniors most weeks throughout the summer, playing across all the Men's teams. Sometimes it involved playing in the same team as their dads, which is generally enjoyable

for both generations, but can become a bit tricky when the boys try to advise their dads on tactics, shot selection etc! This season the Club's newly formed U15's Boys team won the Regional North U15's Cup played at Ropley CC versus Rowledge CC. Congratulations to team manager and senior parent coach Ben Gillings on this fantastic achievement with his team.

The U11 Girls have finished the season both League and County Cup winners. Congratulations to all the girls and their manager Charlie Gloyn.

### **Clive Padwick: 50 years not out as a Member**

During EMWCC's end of season celebration match on Sunday 1 September, Chairman Adrian Lee made a presentation of a commemorative shirt, Club quartered cap and a framed picture to Clive Padwick, in recognition of his 50 years of club membership.

Clive, known as Paddy by team mates, is originally from Preston Candover, where he played cricket with his father. His talents were recognised by EMWCC and he was persuaded to join the Club. Clive was primarily a bowler but could swing the willow at the end of the innings, launching many 6s over the boundary to boost the score or to secure a victory. His best bowling figures were in a league match against Lyndhurst CC where he took 9 - 42 off 21 overs! He also took a hat trick against the Crown Taverners in the National Village knockout competition. He played for the EMWCC teams that won various local competitions, including the Winchester Indoor and Evening



Leagues, the Tichborne and Igglesdon Trophies and the Condor Cup. Clive's working career was as a carpenter/joiner. He moved to Twyford when he married. Over the years he has taken on various roles within the Cricket Club including Fixtures Secretary (organising the Club's tours to Worcester), barman and Captain of the 3<sup>rd</sup> team. His wife Sue has also been involved in many supporting roles at the club including as a scorer, running the bar and providing cricket teas. They have two sons Lee and Mark, both of whom played for EMWCC and all three were members of the same 2<sup>nd</sup> team at one time.

EMWCC is fortunate to have the association with the Padwick family. Clive's son Lee is the Club's highly regarded Groundsman - and Clive assists him with the grass mowing. On behalf of us all we thank Clive for his 50 years of loyal Club support.

[www.emcc.com](http://www.emcc.com)

Chairman: Adrian Lee  
[adriancjlee@outlook.com](mailto:adriancjlee@outlook.com)  
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## For She's a Jolly Good Fellow!

Sara Mason has just been elected as a Fellow of the Faculty of Asbestos Assessment and Management. FAAM is part of The British Occupational Hygiene Society (BOHS), which is a science-based, charitable body that provides information, expertise and guidance in the recognition, control and management of workplace health risks. FAAM is the professional home for all practitioners in the field of asbestos assessment and management. To become a Fellow of FAAM you must demonstrate your seniority in the field, be a member of good standing and have and continue to make a distinct contribution to the profession. There are currently eight fellows worldwide and Sara is one of four women that have been awarded a Fellowship.

Sara says: 'Asbestos is a natural mineral fibre which was imported into the UK until 1985, with a total ban coming into force in 1999. It is believed that over 3,000 asbestos products have been manufactured in the UK, some familiar such as corrugated cement sheets on garages, farm buildings and industrial premises, some more surprising such as asbestos cigarette filters, to give a cleaner smoke! Asbestos is a carcinogen and exposure can cause fatal cancer. The asbestos legacy is still with us today and continues to kill over 5,000 people in the UK per annum, making it the biggest cause of workplace disease. Asbestos has been part of my career



for over three decades. From my site-based scientific work, and joining committees to develop better monitoring methods to protect worker health, I have achieved one of the first FAAM Fellowships. We continue to look for scientific solutions to reduce the risk of exposure at work or at home. The legacy for the next generation of workers is still there, but often hidden and forgotten. There is still much work to do to raise awareness'.

*Sara was talking to Verity Coleman*

## Caption Competition

As featured in the October edition, the Rector challenged our readers to a caption competition for his photograph.

The Chief Editor chose this entry:



**Parish Communion is always quite a jolly affair!**

Well done Vernon Tottle!!



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## From the Rectory

---

I am writing this in Athens, having recently finished leading a tour, with Georgie, 'in the Steps of St Paul'. It was a privilege to be in New Testament places such as Corinth and Ephesus. I then had three nights in a Greek Orthodox monastery, which was great for recuperation and a time of quiet and prayer - though it involved being in a community which seemed not to have changed much in the last 1,000 years! And now I have met my second group (a smaller American one) which will follow Paul's journeys by land down from Thessalonica to Athens. Looking back over September I am so grateful for all those who made our various Harvest Festival services in each of our churches to be the joyful and colourful occasions that they were. A particular thanks to Sarah Hunt, Jill Croft and Alex Bellisario and all those who helped them in laying on the Saturday afternoon Harvest Tea in St John's Church, Itchen Abbas. It was so good to be able to gather together, some inside the church, some outside in front of Karl Helgesen's tent, on one of the sunniest days of the autumn. I would also like to thank those who in the previous weeks had done so much to make the churchyard in front of St Mary's Church, Avington, look so well-kept, in particular by cutting away the grass that had been covering many of the gravestones. I was there one Friday lunchtime, just after the grass had been mown and after some rain the previous day, and it was looking brilliant. Christopher Langford claims it was not especially his doing, but I am sure it must be someone in his Avington residents 'A-team' who has done so much these last two years to keep the village looking so well cared-

for.

Now, as November approaches, we turn our minds to some more solemn things - not least as we continue to pray for a resolution to the major conflicts erupting in our world at this time.

We will celebrate All Saint's Day in our communion service on Sunday 3 November, when there will be an opportunity during the intercessions for people to light a candle in memory of a loved one who has died.

And the next Sunday will be Remembrance Sunday. I do hope you will be able to join one of our Acts of Remembrance at 10am or attend the later Royal British Legion service, which this year will be held in St John's, Itchen Abbas. In my address I will be drawing attention to a painting by one of David Swinstead's relatives, which I have asked David to tell us about below.

With love and prayers

*Revd Peter*

## The White Comrade

---

The painting "The White Comrade" was painted by George Hillyard Swinstead in about March 1915. He was quite a well-known painter of the late nineteenth and early twentieth centuries. His subjects were normally somewhat romanticised rural or seaside scenes, often featuring families and, in particular, children. He was also a competent portrait painter. He was born in 1860, dying in 1926.

The painting shows a Royal Army Medical Corps officer looking up at the benevolent figure of Christ as he helps a wounded soldier. In the background are the bodies of dead soldiers and a dead horse. The painting reflects the stories of ghostly or heavenly figures

on the battlefield, the most famous being the reported battlefield sightings of the Angel of Mons. The painting draws on this theme to show not only the horror of war, but also to provide spiritual comfort. It was originally exhibited at the War Exhibition in Knightsbridge with the subtitle "Lo, I am with you always". A number of poems have been associated with the painting, in particular the poems "Lo I am always with you" and "The White Comrade" by Robert Haven Schaffer. The



painting was hung for many years in the Royal Herbert Military Hospital at Woolwich before being presented to the Royal Army Medical Corps Museum (now the Museum of Military Medicine) in 1966. The painting is impressive in that it is something over two metres (approximately seven feet) in height. George also painted a smaller version. This painting was auctioned by the owners in 2010, and the proceeds of £7,100 were donated to Help for Heroes.

The two people who sat for the painting are George's nephew, Gunner Malcom Swinstead who was in the Honourable Artillery Company and Corporal Frederick Taylor of the Kings Royal Rifle Corps. Malcom was on leave prior to being deployed to Egypt, for which he left on the 9 April 1915, hence we can date the painting fairly

accurately. He became an officer, a lieutenant, in September 1916. Corporal Taylor had been badly wounded in France and was recovering at the Maudsley Hospital when he was asked by George if he would like to sit for the painting. Malcolm reported that for his two days work he was paid two packets of cigarettes. History does not record what Corporal Taylor was paid. Malcolm survived the war and returned to his employment in the City of London. He married and had two

sons and, having been born in 1895, died in 1981.

Happily, Corporal Taylor also survived the war and ran a fish and poultry shop in Hove for many years. He was married and had four children dying in 1965 aged 71, having been born in 1894. In 2010, the painting was restored by Julian Spencer-Smith. The family organised a party to take place at the museum to celebrate the return of the restored painting. We hoped that one or more of the Taylor family would be able to attend, but sadly they were unable to come. They sent some family photographs. By dreadful irony, the last photograph was of Frederick's great grandson in a hospital bed, being visited by the actor Tommy Lee Jones, having been wounded in Afghanistan.

*David Swinstead*



## November Services

### Sunday 3 November

10am Parish Communion – St Mary's, Easton  
*incorporating service of prayer and reflection*  
4pm - Café Church - Itchen Abbas Village Hall

### Sunday 10 November - Remembrance Sunday

**10am** Acts of Remembrance

Avington, Easton & Martyr Worthy War Memorials

**10.45am** - Act of Remembrance at Itchen Abbas War Memorial  
followed by Remembrance Service - St John's, Itchen Abbas

### Sunday 17 November

10am Parish Communion – St John's, Itchen Abbas  
6pm Choral Evensong - St Swithun's, Martyr Worthy

### Sunday 24 November

8.30am Holy Communion (said) – St John's, Itchen Abbas  
10am - Valley Praise and Ark - St Swithun's, Martyr Worthy

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**Rector** - Revd Peter Walker  
revd.peter@itchenvalleychurches.org 01962 588313

**LLM** - Mr Gerry Stacey  
gerry.stacey@biblesociety.org.uk 07554 438973

**Parish Administrator** - Beccy Clark  
admin@itchenvalleychurches.org 01962 779845

# The Spirit of Remembrance

---

As we approach Remembrance Day on Sunday 10 November our thoughts naturally turn to the sacrifices made by countless men and women in the service of our nation. The poppies we wear, the minute of silence we observe and the ceremonies we attend are all part of a shared national act of remembrance, honouring those who have served and those who continue to serve. Yet Remembrance is more than just a day on the calendar - it is a commitment to ensure that the memories and legacies of our veterans endure.

The Royal British Legion (RBL) stands at the heart of this commitment. Established in 1921, the Legion has become synonymous with Remembrance, offering support to veterans, serving members of the Armed Forces, and their families. But what many may not realise is that you do not have to have served in the Armed Forces to join the Royal British Legion. Membership is open to all who share the Legion's values and goals - those who wish to support the Armed Forces community and to participate in acts of Remembrance.

Why join the Royal British Legion?

1. Shared mission: The RBL is dedicated to ensuring that the sacrifices of those who served are never forgotten. By joining, you become part of a community that actively supports veterans, campaigns for their rights and educates future generations about the importance of Remembrance.

2. Community and camaraderie: the

Legion is a vibrant organisation with branches across the country, offering a welcoming environment for all members. Whether you are attending a local event, volunteering, or simply enjoying a chat with fellow members, the sense of belonging and shared purpose is profound.

3. Making a difference: members of the RBL are at the forefront of fundraising and advocacy efforts. From the annual Poppy Appeal to supporting local veterans in need, your involvement can have a tangible impact on the lives of those who have served.

4. Continuing the tradition of Remembrance: by joining the Legion you help ensure that Remembrance remains a living tradition. Through activities such as participating in Remembrance parades, educating young people, or simply wearing your poppy with pride you help keep the memory of our Armed Forces alive for future generations.

By joining the RBL you can take an active role in supporting the Armed Forces community, promoting the importance of Remembrance and ensuring that the voices of our veterans are heard. It is a way for all of us to show our respect and gratitude to those who have given so much.

To become a member, visit the Royal British Legion's website [www.britishlegion.org.uk](http://www.britishlegion.org.uk) or contact the local Itchen Valley RBL Branch Secretary [itchenvalley.secretary@rbl.community](mailto:itchenvalley.secretary@rbl.community) Whether you have a few hours to volunteer, want to participate in events or simply wish to show your support your contribution will be valued and appreciated. Remembrance is a duty we all share, and the Royal

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British Legion offers a meaningful way to honour that duty. By joining the Legion, you become part of a community committed to supporting those who have served, advocating for their needs, and ensuring that their sacrifices are never forgotten. You do not need to have worn the uniform to stand with those who did - you just need a heart willing to remember.

*David Wolfe*

## Memories of the Itchen Valley Part 3 of 3

---

Carol singing at Christmas was always a must for my brothers and me and our friends. We visited the better-off families in our community and sang some of the best known carols. Sometimes I felt a little off-key but this didn't dampen our enthusiasm to any great degree.

There were two old ladies living in a large house called "The Elms" on the eastern boundary of our village whose names were the Misses Corries who never failed to invite us into their beautiful lounge to complete our performance and thaw out a little from the winter weather

The cook was instructed to give us each a little refreshment before we departed and we came away with sixpence each in our hands which was to us an immense fortune in those days. The total takings at the end of the evening was counted out and divided equally between all those that participated.

Another focal point of the village life of course was the public house called The Plough Inn. The proprietor whose name was Mr Jack Hann and whose three children Myrtle, Cyril and Irene attended the village school with the

rest of us. One of the highlights that concerned the local hostelry was the return home of two of my mates' elder brothers on leave from the Navy who



rather enjoyed their ale but were nevertheless very generous to us "nippers", buying us packets of crisps and sweets and bottles of lemonade. These bottles were sealed with a glass marble that had to be pushed out of place letting out some of the gas to enable us to savour the delicious contents. I feel that Frank Betteridge was not always aware of how much money they were spending on us in those depression days but as you can imagine their return from the sea on furlough was very popular with us.

Written by John Tate 1917-2021

*In conclusion, here is the letter from John Tate's daughter to the Itchen Valley News:*

*Dear Editor.*

*My father died in 2021 aged nearly 104. When clearing my parents' house I came across some notes he had written about his childhood in Itchen Abbas and wondered whether you would like to publish them for the enjoyment of your readers.*

*My father loved the Itchen Valley with all his heart and spent the last years of his retirement just driving round the Valley every day and parking on Itchen Down for a nap. As he said he lived on Itchen Abbas Hill from the age of four when his family moved into Park View" next to what used to be the village shop. He*

worked for Edmonds forge and Sir John Shelley Rolls and various people before he was called up for WWII. He married and had a daughter before he left home for four years. He served in the Middle East and Italy and came home safely.

He took over the job of Porter on Itchen Abbas station where his mother-in-law had worked in that job during the war. In 1946 he was given a house at Couch Green and lived there for the next 10 years by which time his family had grown and the family moved to Willis Way, Kings Worthy. He became a signman and worked on all the boxes around Hampshire until he retired.

Jean Inglis



touch with any of the committee members whom you might know personally. We look forward to hearing from you.

Guy Green

Chairman, Management Committee

## **Martyr Worthy Village Hall**

For over a hundred years, the village hall has served Martyr Worthy and the wider community in providing a meeting point for local groups, societies, clubs and education classes, as well as a venue for family parties, entertainments and small business functions.

The management of the hall is provided by a committee of volunteers from the village. Most of the committee members have served for a number of years and, whilst this has provided useful continuity, the committee feels that the time has come to welcome some new members, who could bring some fresh ideas to the running of the hall for the benefit of the community as a whole.

Hopefully this will appeal to longer term residents as well as to newer residents of Martyr Worthy, who might be willing to contribute to the life of the village. So, if this strikes a chord with anyone, the committee would be delighted to hear from you.

The simplest point of contact would be [martyrworthyvillagehall@gmail.com](mailto:martyrworthyvillagehall@gmail.com). Alternatively, please feel free to get in

## **The Valley Quiz No 30**

1. In what country will you find the Yucatán Peninsula?
2. What is a Catalogue Raisonné?
3. What did Polly put on and what did we all have?
4. What Premier League Football team is nicknamed The Blues/The Tractor Boys?
5. The Capitals of British Guyana and the Cayman Islands share the same name but with a subtle difference. What is it?
6. Who devised Desert Island Discs?
7. What daily BBC programme is preceded by a tune called "Sailing By" composed by Robert Binge?
8. Buzzards and Red Kites are broadly similar to look at but have one distinctive difference. What is it?
9. Who was the first Prime Minister of the United Kingdom?
10. Who played the title role in the Oscar winning film, "The Prime of Miss Brodie?"

John Lang

Answers on page 39



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Andrew Salmon took this photo of the maize being harvested at the beginning of October up on Northington Down. Apparently there were no fewer than five red kites looking to scavenge.

## **From The Parish Council**

---

Following last month's Parish Council report there appears to be a degree of misunderstanding and misinterpretation of the drawing of the proposal for improvement to the playing fields at Couch Green. Here are the hard facts. The purpose of the playing fields is for sport and recreation. Football has been played on these fields for over thirty years and probably much longer. Football clubs who used the pitches paid a contribution to their upkeep. The last club to use the field stopped using it because they considered it was not up to modern standards and not fit for purpose. That is despite there being a shortage of pitches in the area.

There are two problems with the present car park. It is too small, resulting in overflow parking on the verges, and parents taking their children to the playground cannot see the cars which creates a security problem. Too often have cars been broken into. There is also a need for

the disabled to be able to park and access the Watercress Way using a wheelchair or a buggy. The needs therefore are:

1. To provide a level football pitch which can be played on by adults and can provide smaller pitches on which children can play
2. To provide increased parking with clear sight lines to the children's play ground
3. To provide access for the disabled between the car park and the Watercress Way.

The drawing shows how it is proposed to achieve these aims. It does not show, a "stadium", nor an "all weather pitch", and no indication of any flood lighting, which would be in breach of South Downs National Park Dark Skies Policy. It is hoped that all is now clear.

The next thing to happen will be a drainage test, without which no further progress can be made. So please do not panic if you see a digger making a few small holes. Thank you to all who have emailed and commented in support. You are in the majority by a long way. For anyone wanting further information please contact our Clerk or any of your Parish Councillors.

Briefing Encounters: the meeting at the end of September was well attended by those who are already making efforts to mitigate climate change. Some have made significant individual progress. Sadly only residents from a neighbouring parish came to hear and learn from those who by experience have gained expertise on a range of energy related topics.

In brief here is what came out of an interesting evening's discussion.

Good insulation is key. On new builds, including extensions, that is relatively easy and should be done to the highest standard possible. On older properties it can be more difficult but do not forget that places like the attic are worth considering. Most properties have one but even if it has insulation there is likely to be a gain by using better modern insulation.

For those who cook and heat using oil, converting to cooking by electricity and installing a heat pump can produce savings. The electricity bill will be higher but not having to buy oil will make a net gain in savings overall. Every “expert” at the meeting had installed solar PV panels, some to a greater degree than others. Feed in tariffs today are not as generous as those offered some years ago but it is still worthwhile. However if intelligent use is made of free solar energy there are further gains. Examples are using it to heat hot water in the summer instead of relying on gas, similarly running domestic items like washing machines and dish washers while the sun is shining.

All those who have installed batteries thought it worthwhile. The experts who have done the most when it comes to forward thinking were interesting on the subject of electric cars. They have sufficient solar panels to do all the above and charge their electric cars. Furthermore they would not go back to having a car with an internal combustion engine. That is worth investigating when it comes to buying a new car.

The subject of ground and water source heat pumps was discussed. They are expensive but could be

better for larger buildings. Itchen Abbas and Avington Village Hall have a water source heat pump as well as a large array of solar panels and are pleased to have installed both.

That just leaves the last big question. There are still many properties in the Valley where climate change mitigation measures could and should be taken. What can be done to encourage those who have not done anything so far to think about taking some action?

*Patrick Appleby (IVPC Chairman)*

## **Minibus service**

---

The New Alresford Town Trust runs two community minibuses with volunteer drivers offering a service to residents who would otherwise find it difficult to get out. The yellow buses are a familiar sight in the area; passengers do not only live in Alresford, and in fact we would like to offer outings to new people. People are collected from and returned to their homes; wheelchairs and walking aids are welcome; and a nominal contribution to petrol costs is requested.

We would like to offer a service to residents of Itchen Abbas and nearby villages. Possible trips under consideration include Basingstoke, Alresford and Winchester, depending on the wishes of the passengers. A regular trip on the fourth Tuesday of the month, and/or most Thursdays are possible within the current timetable.

Please could anyone interested contact Clare Pinniger at [minibus@towntrust.org.uk](mailto:minibus@towntrust.org.uk) or on 077900 32349.

## Jackie's County Corner

---

Into Autumn already! The first weekend of October is always booked to help at the Clarendon Marathon, in which about 1,000 runners take part with over 200 volunteers support them. We know that exercise is good for your health and wellbeing, but if you don't fancy running 26 miles, you'll be pleased to know that volunteering is also good for you too!

Volunteering can be a regular commitment, or an occasional one. Many people say, 'I'll do that when I retire!' Please *don't wait - charities and good causes need you now!* It's a chance to volunteer in a way that suits you and excites your interest.

The Beacon held its AGM in Winchester. This amazing charity gives homeless people the opportunity to start a new life. Volunteers become a family, giving support to the paid staff, and practical help to enable their clients to start the journey towards their own home.

I represent district councils on Hampshire's Health and Wellbeing board. As well as meetings, the Directorate hosts regular events highlighting a particular health issue. We have looked at Heart Disease, COPD (Chronic Obstructive Pulmonary Disease), the first 1001 days of a child's life, the BeeWell survey for young people, (go to [www.beeowell.org.uk](http://www.beeowell.org.uk)) and most recently, how the stigma of alcohol abuse prevents individuals from getting early help. Always led by someone with lived experience of the condition with a powerful and inspiring testimony, health and wellbeing professionals consider how

they can take the learning back to their own organisations. Each time we learn of new organisations



which can help us help the public. NHS Inclusion ([www.inclusion.org](http://www.inclusion.org)) can provide a timely 1:1 conversation to get started on managing alcohol consumption. Maybe this stigma prevents you or someone you know getting help? Go to [www.stigmakills.org.uk](http://www.stigmakills.org.uk) for a thought provoking film on this subject. Hampshire County Council has declared 2024/25 a year of Health and Wellbeing. One way to enjoy a Wellbeing Walk is a visit to one of Hampshire's Country Parks. Car parking fees bring in money to support the upkeep of these popular countryside areas, and Hampshire County Council has decided to charge fees at more sites in the future. Crab Wood (in the picture) is one of the possible new 'pay to stay' sites.

This is just one way that Hampshire hopes to 'balance the books'. Cutting costs for School Crossing Patrols, Bus Subsidy cuts, closing smaller Recycling Centres, are being considered by Cabinet at HCC in mid-October, so by the time you read this the fate of these services will be decided.

Cllr Jackie Porter:

[Jackie.porter@hants.gov.uk](mailto:Jackie.porter@hants.gov.uk)

Telephone/text 07973 696085

## Comings and Goings

---

Neda and James Traherne have moved from Chandlers Ford to 5, Manor Cottages, Easton.



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## Valley Volunteer: Jean Wright

---

Jean has now given blood 95 times!  
Jean says: It is so rewarding when you hear how your blood has been used - for instance one donation can help up to six babies. I am Group B negative, but all types of blood are needed for emergencies and long term treatments.

At about the age of 40 I began to give blood and have continued when convenient. You can donate from the age of 17, males can donate up to every 12 weeks, females up to every 16 weeks. We are all continually renewing our blood, so it doesn't mean that older people have old, tired blood! Eat a well balanced diet and you're fine!

Around two thirds of the blood donated in England is used to treat medical conditions including anaemia, cancer and blood disorders. Nearly a third is used in surgery and emergencies including childbirth.

Look up [www.blood.co.uk](http://www.blood.co.uk) to find the eligibility criteria. Make an appointment locally, then just sit back in a comfortable chair and look the other way when they insert the needle! Relax until your pint has been collected, then you can enjoy a cup of tea/ cold drink and maybe a biscuit and you will be finished within the hour.

Before you donate you have to answer a long list of questions and then they test a drop of blood from your finger to check that you are not anaemic. That's all there is to it and within two weeks they notify you as to which hospital it has been used. That is the rewarding part and it

makes you feel like making another appointment!

Its so rewarding, do please give it a go. Badges are awarded for 25, 50, 100 donations, so start donating. All groups are needed. Eat lots of watercress!

*Jean was talking to Verity Coleman*

## From our MP

---

This month, I've been taking my campaign for better health services for Winchester to parliament. I challenged the Health Secretary to deal with the lack of funding for mental health services left to us by the previous Conservative government, and to acknowledge the huge cost savings we can make if proper treatment is provided to children and those in social care when they need it.

I've also been listening to healthcare workers across the constituency. I was deeply moved speaking to the staff at Winchester Hospice who work so hard to support people, often in heartbreaking circumstances. I spent time visiting community pharmacies, and I will use my voice to fight for a fair deal from government and ensure pharmacists can stay open for the people of the villages and towns relying on them.

I know some of you still have to travel for miles and miles to reach your nearest pharmacy and I'll be fighting for you too. Everyone deserves access to the treatments they need, no matter where they live.

Local waste tips have been under threat this month including the facility in Alresford, so I was proud to join protesters demanding Hampshire County Council stop their plans to shut half the county's tips down; and,

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we won! The tips were saved... for now. I'll be keeping a watchful eye on the situation to ensure vital recycling services stay for good.

Some of you have contacted me about the ongoing travesty of sewage being dumped in our rivers by Southern Water. Having recently walked the Itchen river alongside local experts, it's incredibly clear to me that Southern Water must get their act together. They need to put our precious rivers and streams ahead of profits and stop dumping sewage once and for all.

It was no surprise to see that Southern Water have been fined a record of nearly £40million by OFWAT for their continued failure. That's why I joined with my Liberal Democrat colleagues calling on the government to ban bonuses for water bosses until they clean up their mess. I refuse to stand by and allow them to get away with it for another year.

I will always do my best to speak up for you and the issues that matter to you. If there is anything I can help with, please contact me at: [danny@dannychambers.org.uk](mailto:danny@dannychambers.org.uk)

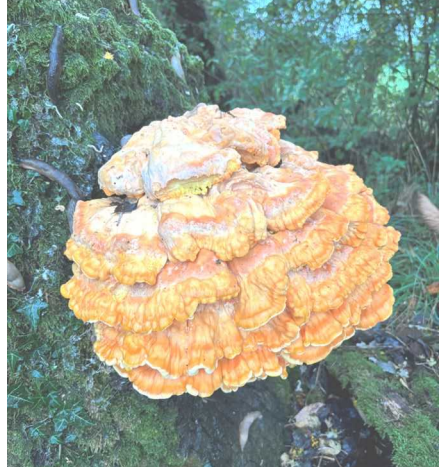
## Fungus of the Month

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Chicken of the Woods (*Laetiporus sulphureus*) is a fleshy bracket fungus, bright creamy yellow with bands of orange when young, fading to cream

with age. It has succulent, soft and moist crumbly flesh. The upper surface is velvety, and underneath it has very small pores. It can be found June to December.

It is classed as edible and said to taste like chicken. Some people experience an adverse reaction after eating it so it is advised to eat only small quantities of fresh young



brackets. A word of caution though: it has some toxic lookalikes so it's best to have an expert around before foraging.

*Mary Hogg*

## Book Review: *You are Here* by David Nicholls

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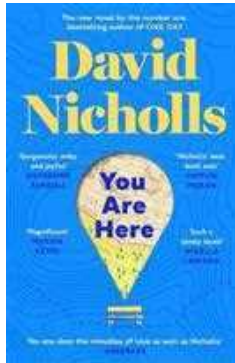
*You are Here* is the latest novel by David Nicholls, author of the global best seller (five million copies) *One Day* which was adapted as a TV series by Netflix and shown earlier this year. *You are Here* was published immediately following the success of the *One Day* TV series and was massively hyped on the back of it. The publishers include the glowing

reviews by no less than 23 contemporary novelists who were persuaded to read pre-publication copies, giving the impression that they were perhaps trying too hard to promote the book. However, it also got a very warm reception in the press.

The theme of the book is the tentative and nervous development of a relationship between two thirty-something strangers, both bruised from previous failed marriages. Michael, a geography teacher from York is walking the 200-mile Wainwright trek from coast to coast in order to take his mind off the fact that his wife has left him and is threatening divorce. His well-intentioned colleague Cleo bullies some friends into a group to accompany him for the first few days. She includes her old friend Marnie, a divorced copy editor from London who, since getting shot of her very unpleasant husband, has retreated into the isolation of her one-bedroom flat where she works from home and has progressively lost contact with her social set.

In her carefully arranged group Cleo has found a triathlete, Tess, for Michael and a handsome and financially successful pharmacist for Marnie. Things do not turn out as planned. Tess cancels, the weather is foul, in spite of some lively flirting from Marnie the pharmacist cannot cope with the rain and disappears back to London, and Cleo and her teenage son call it a day.

So only Michael and Marnie are left to continue the walk. Michael is a serious walker and would have preferred to be on his own, but Marnie, although



way out of her comfort zone, is determined not to give up. Battling through the weather she and Michael begin to get to know each other and to face the risks and rewards of starting a new relationship. Marnie is very sharp and witty.

Although she had settled into her isolated existence in London, she realises she

is lonely and misses the outgoing social life of her twenties. However, she is reluctant to get involved again. "It would be nice to be desired but let's not get carried away; the risks involved in romantic love, and the potential for hurt, indignity and betrayal far outweigh the consolations."

Nevertheless, her head is slightly turned by the handsome pharmacist and she was leading up to a one night stand when he disappeared back to London. She had barely noticed the bearded and unobtrusive geography teacher although right from the start the signs are there. Michael is quiet, intelligent, amusing and absolutely not trying to impress. Marnie is a bit piqued at first but softens when he picks up a pebble for her from the Lancashire beach and explains the Wainwright tradition of carrying it from coast to coast. As they battle the weather across the Peak District she begins to appreciate his basic decency. Michael initially has no thoughts of a new relationship. He was shocked and heart broken when his wife left him. He continues to hope that she will change her mind and come back, while underneath he knows this will not happen. As they continue across the fells, he grudgingly admires Marnie's

sometimes frantic determination not to be physically beaten and they indulge in witty verbal sparring to make the going easier.

This is a 'will they won't they' story examining the difficulties of starting a new relationship. David Nichols is a skilled writer and the craftsmanship of the plot and the writing is plain to see. The book is packed with profound and amusing observations of people's behaviour, scruffy hotels, life's insecurities and the pleasures and discomforts of hiking in the Lake District. It is tender and humorous by turns. There are many moments when he catches your attention with a flash of recognition that invokes a bond between author and reader. Marnie has many witty comments, some of which she saves for the optimum moment. Early in the book, Michael and Marnie realise that they have met before on the occasion of Cleo's son's christening. Neither remembers the other although Marnie remembers Michael's wife. Michael protests that Marnie should at least remember him as he was a godparent. Marnie responds "don't worry about it. I have one of those memory-foam mattresses at home and every night it has absolutely no idea who I am".

I enjoyed this book. I particularly enjoyed learning a bit about the craft of copy editing as Marnie works her way through an endless explicit sex scene, on the train to the Lake District, and Michael's efforts to interest his class of teenagers in continental drift on a geography field trip. But the essence of the book is the jeopardy of falling in love. It is essential that you care whether they do or not - I did!

*Michael Smith*

## Prince's Mead School News

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Prince's Mead is proud to announce that it has been awarded distinction in its latest Eco-School Green Flag assessment, recognising its exceptional commitment to environmental sustainability and education. Since they joined the Eco-School programme in 2023, the Prince's Mead Green Team – a group of pupils from across the school dedicated to promoting sustainable practices – has been working hard to foster an eco-friendly environment at the school. Head of Prince's Mead, Adam King, said "This achievement would not have been possible without the enthusiasm and commitment of our Green Team. Situated on the edge of the South Downs National Park, Prince's Mead is surrounded by beautiful countryside and we owe it to future generations to educate our pupils and the wider community on how to protect those ecosystems and learn that, however small their actions may be, it can make all the difference to the world we all share."

For more information contact  
01962 888008 or  
[Lucinda.watt@princesmeadschool.org.uk](mailto:Lucinda.watt@princesmeadschool.org.uk)  
*Lucinda Watt*



# Itchen Abbas School News

Thank you for the incredible work of all the parent volunteers last month. It is so much appreciated. The bacon rolls (a small token of our appreciation for the gardening, fence mending and jet washing) went down a treat. If anyone from the local community would like to help with our volunteer days in the future, please do contact the school office.

We had an amazing whole school assembly from our EARA Group. We have four children who are the Equality and Rights Advocates and work alongside other schools to share the importance of equality and how all children have rights.

We will explore this a lot more throughout the year. The children set the rest of the school a challenge asking everyone to create a poster about what they think equality might look like. We also

recognised World Mental Health Day. We invited the children to wear something yellow to join with thousands of others across the UK and help raise some money to show young people that they're not

alone. In classes, the children talked about the importance of looking after our mental health, which involved some lovely discussions. Year 5/6 joined a Live Lesson with Chelsea Football Club

captain Reece James and asked him a question regarding mental health in front of over 800 other schools! As part of Kindness week, Foxes thought about ways we could be 'a class of kindness'. The children sorted different scenarios into ways to be friendly and helpful, be honest and fair, use resources wisely, respect authority and make the world a better place. We also chose a name from a hat and made a card containing kind messages for every member of the class. All the children worked thoughtfully and the messages were very well received. An amazing effort!



Otters class have been working on their Mayan masks in Art lessons, designing their featured mask, preparing the

materials to decorate them and so to the finished product. They have also been learning about the ways in which the Mayan civilisation fell into decline. Hedgehogs took part in a live



workshop all about Road Safety. We discussed how to keep safe by the roads, acted out some different scenarios and created some of our own posters.

Squirrels have been comparing mass by being human balances and using see saws. They have also been showing kindness by making beds for their teddies.

*Head teacher Rob Bogan*

## Valley Quiz Answers

1. It is the peninsula that separates the Gulf of Mexico from the Caribbean Sea. It is mainly Mexico but has a portion of both Belize and Guatemala.
2. Is a comprehensive list of all known works of art by an artist.
3. The kettle, and we all had tea!
4. Ipswich Town.
5. The capital of British Guiana is Georgetown. That of the Cayman Islands is George Town (two words)
6. The radio broadcaster Roy Plumley in 1942.
7. It precedes the late-night shipping forecast.
8. They are both brown coloured medium sized birds of prey. The Buzzard has a short fan shaped tail while the Red Kite has a longer forked tail and it also flaps its wings far more than the Buzzard, which tends to glide whilst in flight.
9. Sir Robert Walpole. He was Prime Minister from 1721 for 20 years.
10. Maggie Smith

## STOP PRESS: Notice from SGN

From Wednesday 13 November to Wednesday 04 December SGN will be closing a section of London Road to complete gas main replacement. These essential works will involve the replacement of old metal gas pipes with new plastic pipes so we can continue to provide residents and wider community with a safe and efficient gas supply. We'll need to close a short section of London Road between the two Pudding Lane junctions. This closure will mean **no through vehicle access** between these junctions for the duration of the work.

## Local monthly information

**Please note that waste bin collections have changed. They are on Tuesdays for Easton and, Avington, and Wednesdays for Abbots Worthy, Itchen Abbas and Martyr Worthy.**

Garden Waste and Recycling:  
Nov.12(13), 26(27); Glass 26(27);  
General waste Nov.5(6), 19(20)

**Hampshire Nov. Market in Winchester** Second and last Sundays of every month, 9am - 2pm.

**Full Parish Council Meeting: Thursday 14 November** at 7pm at Itchen Abbas & Avington Village Hall

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Saturday 08:23 11:23 14:23 17:23

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Mon- Fri 10.20 13.20 15.00 16.55 17.50

Saturday 9.00 12.00 15.00 17.50

To Alresford:

Monday to Friday

10:39 13:39 15:19 17:14 18:09

Saturday: 09:19 12:19 15:19 18:09

From Alresford Perrins school

Mon- Fri 8.11/14 9.14 12.34 15.34 17.14

Saturday 8.14 11.14 14.14 17.14

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Key: Sch School days only

NSch School holidays only All times shown

are at Itchen Abbas. Times are 5 minutes later (or earlier) at Easton



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